

[DATE]

Dear Fellow Parents:

As you may have heard, our child, [CHILD'S NAME], has a severe allergy to [NAME OF ALLERGEN]. If she eats or even touches [NAME OF ALLERGEN], any product containing these items or any food which may have been in contact with [ALLERGEN], she could develop a life threatening anaphylactic reaction. Because of this risk, we would be most grateful if you would refrain from sending [NAME OF ALLERGEN] snacks, or even any foods which are labelled as containing or possibly containing [NAME OF ALLERGEN], to [SCHOOL/DAYCARE/OTHER]. In addition, please avoid sending in any home baked goods which may have come in contact with [NAME OF ALLERGEN]. Finally, if your child has eaten [NAME OF ALLERGEN] products in the morning, please wash their hands and face so that they will be less likely to pass on traces of [NAME OF ALLERGEN] when they come to [SCHOOL/DAYCARE/OTHER]. Even a trace of [ALLERGEN] or crumbs from a cookie containing [ALLERGEN] left on a toy might trigger an anaphylactic reaction.

We understand that these measures are burdensome and may be a tremendous imposition, particularly when so many children enjoy [ALLERGEN] products. Unfortunately [NAME OF ALLERGEN] allergies are becoming increasingly common these days, and although [CHILD'S NAME] is aware of her allergy, she is still too young to understand the consequences of eating [NAME OF ALLERGEN] and doesn't have the maturity to resist temptation. I think you would all agree that we must do whatever is necessary to keep our children safe, and by cooperating with these few requests, you will be contributing greatly to the welfare of our child. We thank you for your understanding and wish you and your children all the best.

If you have any questions, please feel free to call or email us at any time.

Sincerely,

[LIST NAME AND CONTACT INFO]